

sizing & safety

what size am I?

To find your **blue celery™** sling size, consult the table with your fitted t-shirt size, or weight and height. The **blue celery™** baby sling should fit snug but not tight. If the sling is not comfortable or baby does not feel secure, you have the wrong size!

Fitted T-shirt size	XS	S	M	L	XL
Build	petite frames	petite frames	regular frames	regular, tall & large frames	tall & large frames
Height	up to 5'2"	up to 5'7"	5'2" up to 5'10"	5'7" up to 6'2"	over 6'
Weight	up to 115 lbs	110 to 140 lbs	135 to 175 lbs	170 to 200 lbs	over 200 lbs
blue celery™ size	XS	S	M	L	XL

what if mom and dad are different sling sizes?

Most moms and dads who are one size apart can comfortably wear the same **blue celery™** sling size. We suggest fitting the sling to the primary wearer using the size table. Then let comfort guide you for additional wearers.

sling safety

Wear your Blue Celery Baby Sling safely:

- Wear baby according to Blue Celery user instructions
- Don't sleep, drive or cook at stovetop while wearing baby in the sling
- Make sure baby's airway is unrestricted while in the sling
- Don't leave baby unsupervised in the sling
- Secure baby with the waist sash before bending or leaning forward
- Inspect your sling regularly for wear & tear that may make it unsafe to use

care instructions

How to care for your Blue Celery Baby Sling:

- Wash before first use
- Machine wash & dry with like colours
- Do not use fabric softeners or bleach
- No iron