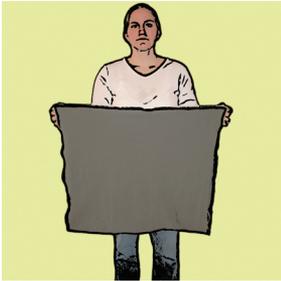


putting on the sling



1. Hold one loop shiny side out with the seam facing up.



2. Fold the loop inside itself so it is folded in half with the soft sides facing each other.



3. With the coloured trim facing away from you, put one arm into the sling loop.



4. Pull the loop up your arm and over your head.



5. Hang the loop over your shoulder and across your chest like a mailbag, coloured trim facing up. Flatten any bunched fabric.



6. Fold the second loop in the same way. Hold this loop on your other arm.



7. Pull the loop up your arm and over your head.



8. Pull this loop off your opposite shoulder and down around your waist so both your arms are free and the coloured trim is facing up.



9. You are now ready to wear your child in a Cradle, Upright or Hip position.